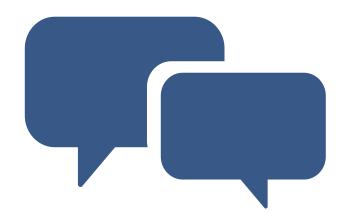
STAY CONNECTED ONLINE SUPPORT GROUPS



We are an online peer to peer support network designed to provide instant connection to likeminded people in a supportive and safe community. It facilitates the giving and receiving of support in a non-judgemental environment. Enabling users to share the ups and downs of life without fear of judgment and repercussion. We combine social networking with support to create a fun engaging place to share that also has a positive impact on recovery.

FALL 2020 SCHEDULE

MONDAY

11:00 AM | Stress Management | The PIER Recovery Community Center Facebook Page 12:30 PM | Parenting | Link: https://meeting.windstream.com/j/11110410767

TUESDAY

11:00 AM | **Anger Management** | Link: https://meeting.windstream.com/j/11110410767 12:30 PM | Men's Recovery | The PIER Recovery Community Center Facebook Page 1:00 PM | Virtual Employment Lab | Link: https://meeting.windstream.com/j/11110410767

WEDNESDAY

11:00 AM | Recovery Management | The PIER Recovery Community Center Facebook Page 12:00 PM | Stories of Hope: Recovery Stories | Facebook Live 12:30 PM | Spirituality in Recovery | The PIER Recovery Community Center Facebook Page 1:30 PM | Grief in Recovery | The PIER Recovery Community Center Facebook Page

THURSDAY

11:00 AM | Attacking Anxiety | The PIER Recovery Community Center Facebook Page 12:30 PM | Double Trouble | The PIER Recovery Community Center Facebook Page

FRIDAY

10:30 AM | Women's Recovery | Link: https://meeting.windstream.com/j/11110410767 11:30 AM | **LGBTQ+ in Recovery** | Link: https://meeting.windstream.com/j/11110410767 12:00 PM | Stories of Hope: Recovery Stories | Facebook Live







PIERRCC.ORG 1.859.547.6539







